

Base Bulletin Vandenberg AFB, CA 93437-0759



31 March 2004 No. 13

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961. Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

- **a. Retirements And Separations Briefing:** Due to mobility requirements in conjunction with the ORI, the Retirements & Separations briefing scheduled for 31 Mar 04 at 1400 is cancelled. The next briefing is scheduled for 14 Apr 04 at 1400, Bldg 11777 Rm C-211 and every other Wednesday thereafter. Please contact TSgt Diane Almodovar at 6-4948, for further information. (30MSS/DPMAR)
- **b. Retroactive Tax Benefit:** There is a retroactive tax benefit for tax years back to 1999 involving California returns. If you were a non-resident with a working spouse, the new law will subtract your military pay on the non-resident return. This change affects all non-resident returns filed for 23 different states that have used the military member's income to determine the spouse's tax bracket. Amendments for 1999 must be received by California Franchise Tax board by **15 Apr 04**. The state has yet to pass the law to comply with the Federal requirements, but will hold the 1999 amended returns for later after they reach compliance. Contact your unit tax advisor or the tax office at 6-3650. (30SW/JA)
- **c. Upcoming Food Service Events:** 11 Apr 04, the Breakers will host the Easter Meal. It is open to all ID card holders and guests. 16 Apr 04, is Eggs Benedict Day at the Breakers and Beachcomber. Eggs Benedict will be served during the breakfast meal. (30SVS/SVMF, 6-5496)
- **d. Air Force Assistance Fund (AFAF):** The 2004 Vandenberg AFB AFAF campaign runs through 7 May 04. The AFAF is composed of four affiliates: the Air Force Aid Society, the Air Force Village, the Air Force Enlisted Fund and the LeMay Foundation. Contributions to these affiliates provide much needed financial assistance through numerous programs to active duty, reserve, guard, retirees and their families. Unit project officers and key workers will canvass their units for contributions during the campaign period. Only active duty personnel will be directly solicited. However, unsolicited contributions from civilians and private organizations are welcome. The installation project officer is Capt Mark Shoemaker, 5-4040. (2SLS/DOB)
- **e. New One-Stop™ Kiosks:** Customer Service for both Financial and Personnel matters is now available through the new One-Stop™ Kiosks at three locations on base: BX, Hospital, and the 381st TRG Dormitory. MyPay, vMPF, printable DoD and Air Force forms, and access to local information via the Internet are just a few of the functions the Kiosk will perform. For questions or concerns, please call 1Lt Sarah Armstrong at 6-7082. (30CPTS/FMF)
- **f. Request for Additional Airman's Manuals:** The 30th Operations Group (OG) is looking for extra copies of the Airman's Manual (AFMAN 10-100). If any unit has any to spare, please send them our way. Any amount would be greatly appreciated. Please contact SSgt Doerr at 6-9236 or A1C Beekhuysen at 6-6887 for pick-up. (30OG/CCA, 6-6887)
- **g. Recreational Vehicles, Boats And Trailers:** A recreational vehicle (RV) is defined as that which could reasonably be judged to be one or more of the following: boat, camper, cargo truck, motor home, or pickup camper if the camper or camper shell is wider or longer than the pickup bed or trailer. Store

recreational vehicles and pickup trucks with campers not used as daily transportation in the RV storage area, located in the northeast corner or 13th Street and New Mexico Ave. The Outdoor Recreational Center controls the storage lot. Recreational vehicles may be parked in the housing area for a period not to exceed 72 hours for loading, unloading, or cleaning purposes. (30CES/CEH 6-3795)

- **h. Lawn/Garage/Carport Sales:** Lawn/garage/carport sales are permitted twice a year and just prior to termination of your home. Limit sales to daylight hours only and no more than three consecutive days. You may display no more than 2 signs each up to four-foot square on your property to advertise the sale. Display the signs only during the hours of the sale. Signs must be removed at the end of each day of the sale. Refrain from posting any signs on telephone or power poles, street light poles, street signs, trees, mailboxes, free standing, or fire hydrants. Do not leave unsold items outside in front of your home after the sale. (30CES/CEH 6-3795)
- i. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call Mr. Alverson at 6-5810 or CE Customer Service at 6-0010 to verify that correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3, Attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFP, 6-0010)
- **j. Are You A Dangerous Driver?** When you're out driving in a crowded area and are looking for a parking space, do you become oblivious to cars and pedestrians around you? The Automobile Association of America states that 20% of all auto collisions happen in the parking lot. This percentage is pretty close to onbase mishaps, as well. A survey was conducted to gauge motorist/pedestrian attitudes about their safety in parking lots. More than 50% of the people felt threatened by "crazy drivers"--especially during the holidays; 30% stated they pay closer attention while in parking lots, so they feel safe; 14% stated they'd been struck while in the parking lot; while 3% were non-committal. Bottom line: stay alert at all times; keep your cool (when others may be losing it); and don't be a slave for time! (30SW/SEG, 6-8804)
- **k. Airmen Against Drunk Driving (AADD):** Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

- **a. EMSEC, COMPUSEC, IAAP, COMSEC, Network Security?** Find out more on the Air Force Space Command (AFSPC) Information Assurance web page at https://halfway.peterson.af.mil/infoassurance/. (30SCS/SCBI, 5-2352)
- **b. Radio Frequency Environment Questions?** The goal of the 30 SW Radio Frequency (RF) Spectrum Management Office is to ensure that all legitimate users of the RF spectrum are allowed to operate in an electromagnetic interference (EMI) free environment. This is especially important in the operation of mission equipment, but important also to all of us who rely so much on personal RF devices in the non-mission environment. The Network Infrastructure Element of the Mission Systems Flight performs the installation spectrum management function. (30SCS/SCMI, 6-6695)
- **c. Revised Publication:** Revised Instruction, 30SWI31-101, Installation Security Instruction, dated 15 Mar 04 is now available from the OPR's office at 30SFS/SFO, or by calling 5-0794. (30SCS/SCSP, 6-7892)
- d. Revised Personnel IMTs. Many users were frustrated with editing capability within some blocks on the OPR/EPR IMTs as well as a few other Personnel forms. The following AF IMTs have now been redesigned to allow overflow text put into the larger text fields. This will allow users to edit text down to the required viewing space in a much easier user-friendly environment. AF IMT 707A 20000601 Ver 2 Field Grade Officer Report (MAJ thru COL), AF IMT 707B 20000601 Ver 3 Company Grade Officer Performance Report (2LT thru CAPT), AF IMT 910 20000601 Ver 2 Enlisted Performance Report (AB thru TSGT), and AF IMT 911 20000601 Ver 3 Senior enlisted Performance Report (MSGT thru CMSGT), IMTs may be obtained at the Air Force e-Publishing web site: http://www.e-publishing.af.mil/. Since these IMTs have a very high usage, they were redesigned first. This capability does have to be designed in the IMT and then reissued for placement on e-Pubs. If any of your customers have an AF IMT that they would like to be considered for this modification, please forward to the Command Forms Management office. We will submit to AFDPO/PPP for their consideration and necessary design action. (30SCS/SCSP, 6-7892)
- **e. Printing Issues With AF IMT 1206.** Some users of the AF Form 1206, Nomination for Award, have been experiencing printing problems i.e., when printing you only get lines and no data. This has been reported to the e-Publishing help desk with a recommended item for the IMT Q&A IMT General section of

the AFPDO web page. In the interim, the following is provided for your information: When I print certain IMTs with the 6.0.1 Viewer, why won't the text print? It was discovered several IMTs had design flaws, to include the commonly used AF Form 1206. When the user printed an IMT with Viewer 5.1, there was no problem. But when the user upgraded to Viewer 6.0.1, the text would not print. AFPDO identified the flaw, fixed the IMTs, and posted the IMTs to the web page. In order to fix the problem, the user should (1) download the current IMT (in this issue - AF IMT 1206, 20000701, Version 2) from the web site and cut/paste the data into the new IMT, or (2) in the event the user has numerous older versions of the AF IMT 1206s to print and cut/paste is not reasonable, uninstall Viewer 6.0.1, reinstall 5.1. Viewer 6.0.1 should be reloaded afterward and the most current version of the AF 1206 be used in the future. Please Note: The uninstall/install procedure should be accomplished by your Workgroup Manager or an individual with administrator rights. Always uninstall Viewer 5.1 first before installing Viewer 6.0.1. Although you may be able to complete the installation without administrative rights, the software may not function properly when used later on. Some additional IMTs that you might encounter the above situation with are AF IMTs 77, 78, 475, and 709. Always check the e-Publishing web site: http://www.e-publishing.af.mil/ or the AFSPC Forms Library web site: https://midway.peterson.af.mil/pubs/formlinks/index.htm for the IMT you are using to ensure that the version you have or will use is the most current IMT available. (30SCS/SCSP, 6-7892)

3. Traffic Management Office: (30LRS)

- **a. Separating, Retiring or PCSing?** Plan Ahead! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier your meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)
- **b. It's Your Move:** If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on you upcoming move can be emailed to your computer. (30LRS/LGRT, 6-6932/33)
- **c. Shipping Your Pet:** If you are PCSing overseas with your pet, the following website contains useful information and web links: https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

- a. Voluntary Leave Transfer Program: Alana M. Davenport 30CES/CEOEC Vandenberg AFB, Michael Baca HQ ARPC/MSC, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones Luke AFB, Glenda Bennet Peterson AFB, Herlene Thurman and Cheryl Scott Los Angeles AFB, Carolyn DeLaGarza Langley AFB, Johnna DeSimone Schriever AFB, Dionisio Estebar Onizuka AFS, Contine Francis and Janice Shinkle MacDill AFB, Delores Green Dobbins ARB, Wilson Holloway and Frank Valentik Avon Park AFR, Charles Howard Vance AFB, Jane Kelsey and Earle Tasse Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, and Lisa Wiggs Patrick AFB, Earl Mikula Buckley AFB, Dotsy Parnell Shaw AFB, Sue Sommers Scott AFB, Jeneke Lacy, Jacquelyn Schmidt and Carol Vilcek AF Academy, and Mike Weatherly Homestead ARB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf (30MSS/DPCE, 6-5847)
- **b. Defense Civilian Personnel Data System (DCPDS):** We previously reported that DCPDS would be unavailable for self-nominations and posting of vacancy announcements from 26 Mar 04 through 4 Apr 04. This **downtime** has been **cancelled**. Normal processing of personnel actions will continue uninterrupted. Employees will be able to view and self-nominate for vacancy announcements. (30MSS/DPCS)

5. 30th Medical Group: (30MDG)

a. Clinic Access: During the weeks of 29 Mar 04—9 Apr 04, the access to our clinics will be limited to same day booking. We will take **Active Duty only** from **0645—0845**. Thereafter, we will open the appointment lines to all AD dependants and TRICARE Prime beneficiaries. Due to the limited services available during this time frame we will not be able to see non-prime enrollees. As we partner together we ask for your patience during the above time frame. We are committed to maintain our peacetime mission, yet we will be in the midst of having our wartime readiness inspected. This may cause delays in the times you are to be seen, however, we are dedicated to your healthcare needs and we will see you on the day of your appointment. (30MDG/SGO, 6-8804)

- **b. Mammography Services Moving Downtown:** Beginning 1 Apr 04, the 30th Medical Group will refer all mammography services to the civilian community due to the loss of the mammography technician. Active Duty personnel require a referral from their Primary Care Manager prior to going downtown. Other TRICARE Prime beneficiaries may be eligible to self refer to a network facility, as part of their annual well visit. TRICARE will not cover screening mammography for asymptomatic women less than 35 years of age. Additional information is available by visiting the TRICARE Service Center or calling 1-800-242-6788 or online at http://www.tricare.osd.mil./. (30MDG/SGO, 6-3308)
- **c. TRICARE Services:** TRICARE counseling is available. Contacts are Bonnie Robles 6-7483, Bonnie.Robles@vandenberg.af.mil or Judith Monroe 6-6785, Judith.Monroe@vandenberg.af.mil Fax 5-4785. (30MDOS/SGO, 6-3308)
- d. TRICARE Services: TRICARE Management Agency-The Fiscal 2000 National Defense Authorization Act mandated the establishment of Beneficiary Counseling and Assistance Coordinator (BCAC) positions, full time at lead agent office and collaterally at Military Treatment Facilities (MTF) worldwide. BCACs are a congressionally mandated initiative, implemented by the TRICARE Management Activity to improve customer service satisfaction, enhance beneficiary education, and help reduce the volume of Congressional inquiries from beneficiaries. Also, to assist TRICARE beneficiaries with resolving debt collection issues, the Under Secretary of Defense for Personnel and Readiness has established a Debt Collection Assistance Officer Program at every lead agent office and at every MTF worldwide. BCACs will provide priority assistance when presented documentation verifying that a collection action has been started or that negative information is reflected on beneficiaries credit reports as a result of late or non-payment for medical or dental care received through TRICARE. BCACs act as a preventive mechanism for trouble-shooting all TRICARE and Military Health System Health System issues and concerns. The local BCAC contacts are Bonnie Robles 6-7483, Bonnie.Robles@vandenberg.af.mil_or_Judith_Monroe@vandenberg.af.mil_Fax 5-4785. (30MDOS/SGO, 6-3308)

6. 30th Security Forces Squadron: (30SFS)

- **a. Installation Entry Gate Hours:** The Santa Maria Gate, Solvang Gate, South Gate and Timber Lane Gate are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Titan is closed. (30SFS/SFOC, 6-3911)
- **b. Vacation Quarters Check:** If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)
- **c. Neighborhood Watch Program:** This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

Air Force Reserve: (30MSS/ISR)

Briefing: The next Air Force Reserve briefing is 13 Apr 04, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

OFFICIAL

FRANK GALLEGOS Colonel, USAF Commander

Mary E. Meyer Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750 the weekend of 2—4 Apr 04. Call 606-5565 for recorded movie information only.

Day Date Movie Title Rating Opens Starts

5

Friday	2 Apr 04	"Broken Lizard's Club Dread"	Rated R	1830	1900
Saturday	3 Apr 04	"Welcome To Mooseport"	Rated PG-13	1830	1900
Sunday	4 Apr 04	"50 First Dates"	Rated PG-13	1730	1800

E-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

- **b. Air Force Sergeant's Association Meeting:** The AFSA, Chapter 1356 is conducting a general membership meeting at 1530, 13 Apr 04, Services Center, Bldg 10122, corner of Washington Ave and California Blvd. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. For additional information, please contact MSgt Norstebon at 5-2774. (30 SCS/SCBH)
- **c. Interested in Swordplay?** New group just started! The Association of Renaissance Martial Arts (ARMA) is an educational non-profit organization dedicated to the study and practice of historical swordsmanship and the exploration and promotion of Western martial heritage. The ARMA focuses on the interpretation and legitimate reconstruction of Medieval and Renaissance combat systems as a modern discipline. The ARMA's efforts are directed toward resurrecting and reconstructing a legitimate craft of European fighting skills in a manner that is historically valid and martially sound. See the ARMA website at www.theARMA.org and if you are interested in being part of Vandenberg's group call Tim Merritt at 440-9519 or 6-3732. (30CES/CECE)
- **d. Scuba Diving Class:** It's not too late to get into the Scuba Diving Class starting now at a cost of \$185.00. The warmer weather is not far away, so come join us. All equipment, books, materials and the certification will be provided. Contact Bob Johnson for more information at 736-6201 or 452-6218.
- **e. Krispy Kreme Doughnut Sale:** The Vandenberg African-American Association is sponsoring a base wide Krispy Kreme sale on 16 Apr 04 to help fund scholarships we provide to aspiring students in out local community. Classic glazed doughnuts will be sold for \$6 a dozen and assorted doughnuts for \$7 a dozen. We are now conducting pre-orders from now up until 06 Apr 04. Contact SSgt Sneed at 6-7105, SrA Nurse at 6-5525, or your unit representative and get your pre-orders in right away! (576FLTS/TMRI, 6-7105)
- **f. Kids Day In the Park Volunteers:** The North County Rape Crisis and Child Protection Center needs approximately 200 volunteers from Vandenberg AFB and the local communities to help organize and operate Kids Day in the Park the annual fundraiser for the Child Safe Program on 18 Apr 04. Volunteers are needed at Waller Park in Santa Maria to help set up, work shifts in the various booths and games, and clean up the park at the end of the day. NCRCCPC supports Vandenberg schools and provides puppet shows and other demonstrations to help educate our children on how to be safe. For more information or to sign up as a volunteer, please contact Arlene at 736-8535.
- **g. Kids Day in the Park:** Fly Away to Kids Day in the Park, Sunday, 18 Apr 04, at Waller Park in Santa Maria! North County Rape Crisis and Child Protection Center is holding it's 19th Annual Kids Day in the Park. Bring your family to Waller Park from 1000 to 1600 and enjoy the live entertainment, carnival games, safety booths, free give-a-ways, great food and much, much more. For more information, please call 736-8535.
- **h. American Lung Association Asthma Walk:** The American Lung Association of Santa Barbara and Ventura Counties is sponsoring an Asthma Walk on Saturday, 1 May 04, from 0830-1300 at Ryon Park in Lompoc. Everyone is invited to take part in this event and help raise money to defeat asthma. You can start your own team or join ours! For more information, please contact Shilo Lucyk at 734-1265, email: ps.lucyk@verizon.net or Breea Lemm at 6-8631, e-mail: breea.lemm@vandenberg.af.mil. (30WS/DOV)
- i. Looking for a Volunteer Organization To Share With Your Children? If you're interested in a worthwhile volunteer program for your son or daughter, Civil Air Patrol may be exactly what you've been looking for! CAP's cadet program has more than 27,000 members, ages 12 to 20, throughout the nation. Parents of cadets credit our program with communicating to their children the importance of personal integrity, accountability, self-discipline and respect for others. Because CAP includes both cadet and senior members, this can be an outstanding volunteer activity for your whole family. You can work together to serve your local community, learn new skills and share a common commitment to making our nation stronger and more secure. Want to learn more, contact the Squadron Commander, Lt Col Erich Schatzle, at 5-3015 or DSN 275-3015 or via e-mail: sq101@cawg.cap.gov. Stop by a meeting Wednesday nights, 1830—2100, 1st & 3rd weeks at Bldg 9360 and 2nd & 4th weeks at Santa Maria Airport. Also check us out on the web at http://www.vandenberg.af.mil/associate_units/civil_air_patrol/101/ or http://www.cap.gov. (CAP)
- **j. Santa Barbara Area Special Olympic Games**: The Santa Barbara Area Special Olympic games will be held at Vandenberg AFB on Saturday, 15 May 04. Volunteers are needed to setup and tear down equipment,

escort athletes and work individual events. If you would like to volunteer or have any questions please contact Capt Mike Mench at 5-6279 or Capt Jeremy Olson at 5-6345. (576FLTS/TEO)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

- **a. Tobacco Cessation Classes:** The HAWC now offers evening Tobacco Cessation classes from 1600—1700 at the HAWC, the class dates are as follows: 25 Mar 04—29 Apr 04, 17 Jun 04—2 Jul 04, 12 Aug 04—6 Sep 04, 7 Oct 04—8 Nov 04. For those individuals unable to attend the day or evening classes, a take home CD-Rom version of the class is also available. For more information please contact the HAWC at 6-2221.
- **b. HAWC On-line Class Sign-ups:** For the following classes please go to www.php-ids.com to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For more information regarding any of these classes, please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

- **a. Worship Schedule: Catholic Mass:** Saturday, 1615—1645 confessions; 1700 Chapel 2; Sunday, 1000, Chapel 1, Daily Mass 1130 M-F, Chapel 2. **Protestant:** Praise & Worship 0830 Sunday, Chapel 2; Gospel 1130 Sunday, Chapel 2; Traditional 1130 Sunday, Chapel 1.
- **b. The Vandenberg Jewish Community:** Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.
- **c. Vandenberg Officer Christian Fellowship:** Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information or e-mail Keith.Keana@vandenberg.af.mil
- **d. Jewish Services:** On 2 Apr 04 at 1900 there will be a Jewish Shabbat Service held at Chapel 1. Rabbi Sarah Schechter from Los Angeles AFB will be leading the service. On Saturday, 3 Apr 04 at 1600 we will be having a class called "Conducting a Family Seder". Please call Randee Van Ness for more information, 734-3311.
- **e. Annual Seder Service:** The Vandenberg/Lompoc Jewish Community will be holding it's Annual Passover Seder on Monday, 5 Apr 04 at 1800 at the Pacific Coast Club. Come and enjoy a traditional Passover Seder. The price of the tickets is \$18.00 for adults and \$12.00 for children 6—10. Children 5 and under are free. Club members may call for the military rate. Everyone is invited to join us for this event. For more information and ticket reservations, please contact Randee VanNess at 734-3311.
- **f. Protestant Holy Week Schedule**: 4 April 04, Palm Sunday Services at their standard scheduled times. On 8 Apr 04 at 1800 at Chapel 2, there will be a Maundy Thursday Service. On 9 Apr 04 at 1800 at Chapel 2 there will be a Good Friday Service. The Protestant Easter Sunrise Service will be held at the Chapel 1 patio at 0630 on 11 Apr 04. Easter Services: 0830 Praise & Worship service at Chapel 2, 1130 Traditional Service at Chapel 1, and 1130 Gospel service at Chapel 2.
- **g. Catholic Holy Week Schedule:** 4 April 04, is Palm Sunday, and you are invited to join us at the Religious Education Center at 0930 for the Blessing of the Palms, and proceed to Chapel 1 for the 1000 Palm Sunday Mass. 8 Apr 04, is Holy Thursday with the "Washing of the Feet" at 1900 at Chapel 1. The Adoration of the Blessed Sacrament will be from 2000 to 2400. The Veneration of the Cross will be on Good Friday, 9 Apr 04 at 1900 at Chapel 1. The Easter Vigil will be 10 Apr 04, at 1900 at Chapel 1. Easter Sunday is 11 Apr 04, and Mass will be at 1000 at Chapel 1.

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit **www.php-ids.com** (30MSS/DPF, 6-0039).

- **a. Office Closure:** The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring emergency Air Force Aid will be assisted. Call 6-0039.
- **b. Computer Resource Room:** The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1600.
- **c. Bundles for Babies:** Friday, 9 Apr 04, 1400—1600 at the Family Support Center. This workshop will cover various topics to help prospective parents be better prepared for the birth of their baby. Also through Air Force Aid Society, Air Force families will receive a bundle of goodies for their baby. To register call 6-0039 or go to www.PHP-IDS.com.
- **d. Stress/Self Management:** This 6 week class will begin 12 Apr 04, and meets every Monday afternoon, 1400—1600 at the HAWC. The class will give you a variety of tools to cope with stress and also anger management. To register call 606-0039 or go to www.PHP-IDS.com.

- **e. 2004/2005 General Henry H Arnold Education Grant Program:** You applied for the AFAS General Arnold Education Grant...and by return mail you got a packet with something called a Family Financial Data Form (FFDF) seeking specific financial information, and a grade point average verification form. The FFDF is different than other financial aid forms and is scored differently because you're Air Force...and it is part 2 of a complete application. Complete both forms and mail them in right away! The receipt deadline is 15 Apr 04!
- **f. Franklin Covey's Program:** Join us for Franklin Covey's program designed specifically for Air Force families on 30 Apr 04, 1800—2000 and 1 May 04, 0800—1700 at the Family Support Center. Dinner and lunch will be provided. Saturday lunchtime will include "Family Table Time" enrichment activity. Children's activities will be provided. Limited to enrollment for 10 families with school-age children. To register call Family Support at 6-0039
- **g. BabyMeet:** This group is in need of a volunteer to oversee this fun activity. If you are interested call Lora. They meet Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2-ears, this is an opportunity to get together with other families for discussions and socialization. If you are interested in helping out with the group contact Linda Bastine at 6-0039.
- **h. Playtime for Tots:** This group is need of a volunteer to coordinate this fun activity. They meet Wednesday mornings at 1000. This playgroup is for parents and the children ages 2 to 5. If you are interested in helping out with the group contact Linda Bastine at 6-0039.

30th Services Squadron: (30SVS/SVK, 6-0276)

- a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)
 - Early Bird Shop: Tuesday Thursday, shop opens at 1000.
- **b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)
 - **Surf Lanes Invitational Tournament:** 10—11 Apr 04. Trios and Singles Event all in one tournament! Stop by Surf Lanes for more details and entry forms.
 - **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
 - **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!
- c. Breakers Dining: (30SVS/SVMF, 6-7540)
 - **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
 - **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.
- d. Child Development Center: (30SVS/SVYC, 6-1555)
 - **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
 - **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. Family Child Care: (30SVS/SVYD, 6-3255)
 - **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center: (30SVS/SVMP, 6-3832)
 - **April Fool's Fun Run:** 2 Apr 04, 1200.
 - **Target Blue 5K Run:** 9 Apr 04, 1100.
 - **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.
- **g. Library:** (30SVS/SVMG, 6-6414)
 - **Pre-School Storytime:** Thursday at 1000.
 - **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.
 - **Book Clubs:** Interested in a Book Club? The library is seeking facilitators for new reading groups in women's literature, kid's reading patch clubs, mystery and adventure.
- h. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)
 - **Green Fee Renewals:** Make sure to avoid the long lines. Annual advance green fee cardholders can start renewing their fees for 2004 now.

- **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8 years and up. Cost is \$5 each session including use of rental club set and range balls.
- i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)
 - **Sailing/Whale Watching:** Santa Barbara sailing trips are back! The next sailing dates are 3, 4 Apr 04. The sign up deadline is the Wednesday prior to that weekend's trip. Cost is \$45. Trips depart VAFB at 1030 and return at 1730 with a sailing time of 1200—1600.
- j. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)

Entertainment/Events:

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until gone. DJ and drink specials from 2000—2400.
- **Live Music Night:** 2 Apr 04, 2100—0100, in the E-Lounge. Enjoy a mix of 60's Rock & Roll music from the band "Unfinished Business."
- **Karaoke Night:** 2 Apr 04, 1900—2300, in the Officers' Lounge.
- **18 & Over Night:** 3 Apr 04, 2200—0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school. Drink specials and give-a-ways. Club members Free, Others \$3.

Menu:

- **Mongolian BBQ:** 7 Apr 04, 1800—2000.
- Easter Sunday Brunch: 11 Apr 04, 1000—1400.
- **Weekly Lunch Buffets:** Tuesday Mexican, Italian, or Oriental Buffet (rotates weekly), Wednesday Santa Maria BBQ Buffet, Thursday Chicken and Ribs Buffet, Friday Seafood Buffet.
- **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular \$7.00, Members \$5.00, children under 12-years of age \$3.00. (No coupons)
- **Fried Chicken Buffet:** Tuesday evenings. Try our Pacific Fried Chicken Buffet with dessert. Regular \$8.95, Members \$6.95, children under 12-years half-price, children 4-years and under free.
- **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda \$1.50. (No coupons)
- **Pasta Mania Buffet:** Thursday evenings. Regular \$8.95, members \$6.95, children under 12-years of age half-price, children 4-years and under free.

k. Rod & Gun: (30SVS/SVRR, 6-4560)

- Open Shoot: Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- **Skeet Leagues:** Skeet leagues are forming now! Anyone interested in forming 5 man teams to begin in April may sign up at the Rod & Gun Club or call 6-4560.
- 1. Services Center: (30SVS/SVYR, 6-7976)
 - **Sierra Summit Lift Tickets:** Sierra Summit ski lift tickets are available at the Information, Ticket and Travel (ITT) office. Cost is \$38.50 per person.
 - **Travel Specials:** Complete air and land travel packages for Mexico and Hawaii, plus special rates on 3 and 4 day Baja Mexico cruises. Call Edwina at 606-1675 for more information.
 - **Discovery Dining Books:** Now available at the Services Center for just \$15.00.
- m. Skills Development: (30SVS/SVRS, 6-6438)
 - Stained-Glass Workshop: 31 Mar 04, 1700. \$2.50 per hour + cost of materials.
 - Scrapbooking Workshop: 1 Apr 04, 1800—2000. \$2.50 per hour + cost of materials.
 - **Ukrainian Egg Painting Class:** 3 Apr 04, 1130—1430. Cost is \$35 per person, all materials provided.
 - · Spring Arts Festival: Registration is underway at the Skills Development
- n. Swimming Pool: (30SVS/SVRO, 6-3581)
 - Pool is Currently Closed: Due to repairs, the pool is closed until further notice.
- o. Veterinary Clinic: (30SVS/SVRV, 6-3019)
 - **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. Youth Center: (30SVS/SVYY, 6-2152)
 - Easter Egg Hunt: 10 Apr 04, 0900.
 - **Salute To Youth:** 17 Apr 04, 1900—2200.
 - **Congressional Award:** This award is designed to recognize youth ages 14—23 for achievement in four areas: Volunteer public service, personal development, physical fitness, and expedition/exploration. For more information, call Michael Renner at 6-2152.

• **Summer Camp Registration:** It's time for Summer Camp registration at the Youth Center. Summer Camp starts 14 Jun 04 and runs through 20 Aug 04. We offer all kinds of fun activities to include swimming, bowling, field trips, theater and fine arts, science, cooking, gardening and fitness clubs. Priority registration for those already enrolled in the school age program is 19—23 Apr 04. To reserve your slot you must return your registration package with a \$20.00 non-refundable registration fee that will be applied to your first week of camp. Open enrollment is 26—30 Apr 04 based on a first come first serve basis.

Education Center: (30MSS/DPHE, 5-5904)

- **a. Embry Riddle Aeronautical University:** ERAU offers two undergraduate degree programs in Professional Aeronautics (BSPA) and Technical Management (BSTM). We also offer two graduate programs: Master of Science in Management (MSM) and Master of Aeronautical Science (MAS). The MAS has seven specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Our March term schedule is available on our website at www.erau.edu/vandenberg. For current information regarding admissions and our programs call the office at (805) 734-4076 or 6-6557. We have an extensive online catalog and have 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday Thursday 0830 to 1730 and Friday 0900 to 1200. Our phone numbers are 6-6557 or 734-4076. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)
- **b. Chiefs' Group Scholastic Grant:** In fulfillment of the VAFB Chiefs' Group charter of "promoting enlisted welfare" we're soliciting applications for the semi-annual Chiefs' Group Scholastic Grant to be awarded on Friday, 23 Apr 04 at the CCAF Graduation Ceremony at the PCC. Any enlisted active duty, reserve or guard member in the grade of E1 E7 stationed at VAFB or an associate unit on base is eligible to apply. Applicant must be currently attending an accredited college or university in pursuit of an associates or undergraduate degree. Recipients may receive only one grant per 12-month period. Grants will be awarded in amounts not less than \$50 and not more than \$100. Applications can be picked up from any VAFB Chief, Unit First Sergeant or the Chief's Group, or contact CMSgt Judy Valentin. Applications must be turned into Chief Valentin NLT COB 6 Apr 04. You can FAX your application to Chief Valentin at 6-0189 or send it through base distribution. (14AF/A3, 5-6416)

Computer Training: (InDyne, 6-3771)

- a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil
- **b. First Tip: Quickly Enter Text Into PowerPoint AutoShapes Without Using Menus Or Toolbar Buttons** If you've been using the Insert \ Text Box menu selection or the Text Box button on the Drawing toolbar to enter text into an existing AutoShape, you've been consistently taking an unnecessary step! To enter text into a selected AutoShape, simply start typing and PowerPoint immediately inserts the text into the shape. **Second Tip: Use Your Mouse To Clear A Range In Excel 2000** You probably use Excel 2000's fill handle to copy data or copy formulas. However, you can also use it to clear a range! To do this, first select the range you want to clear. Then, drag the fill handle (the small black box in the lower-right corner of the range) up or to the left to clear the desired portion of your range.
- **c.** Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
PowerPoint - Custom Animation	31 Mar 04	1130—1230
LAN Access Training	1 Apr 04	0800—1100
Acrobat Reader	2 Apr 04	1130—1230
Toolbar Mastery	2 Apr 04	0800—1100
Project 2000	5-8 Apr 04	0800—1100
Excel - Filtering, Sorting, and Subtotals	5 Apr 04	1130—1230

Base Bulletin	31 March 2004			10
PowerPoint 2000		5-9 Apr 04	1300—1600	
54 . 5		-	1100 1000	

PowerPoint 2000	5-9 Apr 04	1300—1600
Photo - Panorama	7 Apr 04	1130—1230
ISSO Training	7 Apr 04	0800—1130
LAN Access Training	9 Apr 04	0800—1100
Office - Customizing Toolbars	9 Apr 04	1130—1230
Access 2000 Basic	12-16 Apr 04	0800—1100
Photo - Special Effects I	12 Apr 04	1130—1230
Excel 2000	12-14 Apr 04	1300—1600
Internet Explorer - Using Search Engines	14 Apr 04	1130—1230
LAN Access Training	15 Apr 04	1300—1600
Photo - Special Effects II	16 Apr 04	1130—1230
PWRR	16 Apr 04	1300—1600

Note: Walk-ins are <u>always</u> welcomed!

Items For Sale:

For Sale: 2001 Ford F150 Supercrew, excellent condition, 60k miles, extremely clean, \$3,000 in extras, call for details. NADA valuation of \$20,400, selling for \$18,699. Call 734-6734.

For Sale: 2000 Mitsubishi Eclipse GS, dark red, 5-speed, P/S, P/B, P/W, keyless entry, pop-up/slide back sun roof, alloy wheels, premium sound, very clean, one owner, service record/well maintained, 58,500 miles. \$11,000. Call 736-9482 after 1800.

For Sale: Two 2002, 660 Yamaha Raptors and one 6.5ft X 12ft Carson trailer. One Raptor has twist throttle installed and sand tires-\$5,300/obo the other is basic-\$5,000/obo. Trailer \$700/obo. Call Matt 734-1404.

For Sale: 2000 Kawasaki 1500cc Vulcan Nomad, 19,200mi, EFI, Shaft drive, silver on red with gold trim, beautiful bike, Easy to open hard bags, smooth as glass with brand new tires, Most comfortable, least expensive big twin cruiser to own and operate. Tune-up-\$8, oil change-\$16; clean air filter-\$0. Always covered in garage. \$7,995/obo. Call 937-9026 after 1630.

For Sale: 1999 H-D Sportster, XLH 883. Excellent condition. Only 3,000 miles. Screamin' Eagle Intake. Straight Drag Pipes. Asking \$5,500/obo. If interested call Joe at 734-0317.

For Sale: Diablo DS5 Spinning Rim Kit, 20-inch. The Battle Axe style that came from the Spot Lowrider. These are the top of the line spinners that will fit most cars and trucks, \$1500/obo. Call 735-7239.

For Sale: Men's complete mess dress w/MSgt insignia: jacket 51L, pants 36/34, shirt 17.5/36, with cummerbund, suspenders, tie, studs, cufflinks, worn 3 times, \$200/obo. Call Al at 734-0062, leave message.

For Sale: Moving sale. Beautiful sofa and loveseat, \$350/obo. Sony 36" flat screen WEGA TV w/4 speakers, DVD, VCR, amplifier & stand, originally paid \$3,500, asking \$1,900/obo. Call 735-2291.

For Sale: Chest of drawers, 4-drawers, 46-inches high, oak and very solid. Old, but durable. Looks nice. \$100. Forest green leather sofa, \$100/obo. "Rigid" 36" Pipe Wrench, like new \$75. Call 934-1051 after 1600.

For Sale: PCS sale, General Electric washer/dryer. Price: \$225. Please contact Karon Williams at 588-5382 ASAP.

For Sale: Full-size wood futon w/mattress, in good condition. Need to sell right away to make room for new bed. Originally paid \$300, asking \$100. Call Nathan at 733-4148 and please leave a message.